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# One Day In My Life



## Synopsis

Bobby Sands was 27 years old when he died. He spent almost nine years of his life in prison because of his Irish republican activities. He died, in prison, on 5 May 1981, on the sixty-sixth day of his hunger strike at Long Kesh Prison, outside Belfast. This book documents a day in the life of Bobby Sands. It is a tale of human bravery, endurance and courage against a backdrop of suffering, terror and harassment. It will live on as a constant reminder of events that should never have happened and hopefully will never happen again.

## Book Information

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## Customer Reviews

Book Review: One Day In My Life OT 02/25/02 05:30 Feb 25, 2002 (M2 Best Books via COMTEX)  
--'One Day in My Life' documents a day in late winter, 1979, in which Irish Republican activist Bobby Sands endures the horrors and humiliations of life in Long Kesh prison. Bobby Sands was one of many Blanket Men - so-called because they refused to succumb to being classed as criminals, and so wore blankets instead of prison uniform - who embarked on numerous protests in an attempt to sway the attitudes and practices of the British authorities in Ireland. Every page of this book, from front to back cover, is instilled with contentious political ire. As this reviewer is a British citizen, I am perhaps not best placed to fully evaluate the motivations and morality of an Irish Republican. From the foreword by Gerry Adams onwards, the question invoked in my mind time and time again was whether the treatment of Bobby Sands and his fellow Blanket Men was a crime against human decency committed in my name, or a terrible means to a justifiable end - that is to protect British citizens against the threat of domestic terrorism. As Bobby Sands and three other men shared a

sentence of eighty-four years for being found in possession of a solitary hand gun, it seems that the punishment meted out to Bobby Sands was inordinately huge. Better men than I have raged in blind conviction for both sides of that argument, and the one thing I am certain of in regard to that issue is that it will not be answered in the course of a book review. With that in mind I believe the best way to approach this book is by viewing it as a personal account of one man's struggle to survive in a hellish existence.

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